



# BAP NEWSLETTER

## SUPPORTING COMMUNITIES ACROSS FINGAL

In 2016, BAP provided support to over 3,000 people across Fingal. This included supports to people who are unemployed, lone parents, New Communities, Travellers and school children. In addition to this, 81 community organisations and groups received supports from BAP. This included supporting groups to access funding, profiling communities, management training, annual planning and putting in place anti-discrimination measures.



1,667 people from around Fingal received one-to-one supports



1,480 children received support to keep them in school



256 people were supported into the labour market

Blanchardstown Area Partnership operate the Social Inclusion and Community Activation Programme (SICAP) across Fingal. SICAP aims to reduce poverty and promote social inclusion and equality through local, regional and national engagement and collaboration.



541 took part in educational courses

As part of our strategy to engage with the community, we have:



Taken part in twelve community festivals/fundays



Engaged over 30,000 people on website in the last 12 months



Reached more than 5,000 people on our Facebook page



Delivered our newsletter to 24,000 households in Fingal



[WWW.BAP.IE](http://WWW.BAP.IE)



01 802 0494



JOIN US ON FACEBOOK  
LIKE AND SHARE  
[www.facebook.com](http://www.facebook.com)

[/TheBlanchardstownAreaPartnership](https://www.facebook.com/TheBlanchardstownAreaPartnership)



1,175 people received employment training



Working under contract for the Department of Social Protection



Comhairle Contae Fhine Gall Fingal County Council



Ireland's EU Structural and Investment Funds Programmes 2014 - 2020  
Co-funded by the Irish Government and the European Union



EUROPEAN UNION  
Investing in your future  
European Social Fund



An Roinn Tithíochta, Pleanála, Pobail agus Rialtais Áitiúil  
Department of Housing, Planning, Community and Local Government

The Social Inclusion and Community Activation Programme (SICAP) is co funded by the Irish Government and the European Union under the European Social Fund and includes a special allocation under the Youth Employment Initiative

01 820 9550

SPRING/SUMMER ISSUE 2017

[info@bap.ie](mailto:info@bap.ie)

# Employment Training

## Career Bootcamp

Career Bootcamp is a concise, fast-paced training course, suited to job-ready clients.

Designed to increase confidence of job-seekers who may have an abundance of experience and/or qualifications but would like to improve their job-seeking skills.

Participants need a basic CV, the ability to ask lots of questions and engage in discussions.

Free monthly courses across Fingal.



## Future Options

Future Options is a slower-paced course to Career Bootcamp, taking place over eight weeks, encouraging those who have been unemployed for a number of years, to make that first step and engage with training and employment services.

The course provides sound advice, personal development, useful IT skills and career guidance.

On completion, participants will have increased confidence and a clear career plan to take into job-seeking.



1,175  
received employment  
training supports in 2016

489  
progressed along the  
educational continuum

## Basic IT Courses

Want to improve your IT skills but unsure where to start?

We offer IT classes from beginners level up to Level 3 certification.

You will learn how to use Windows, MS Office and email confidently.

We will also talk you through using the internet for job-seeking and applying for positions online.

These courses are free and run in locations across Fingal.



## Social Media

Our free, two-day Social Media course demonstrates the benefit of using online networking as an invaluable job-seeking tool.

We will show you how to make the most of social media platforms such as Facebook, Twitter and LinkedIn to sell yourself online to potential employers.

These courses are available all across Fingal and are free of charge. Call us for more info on dates and to book your place.



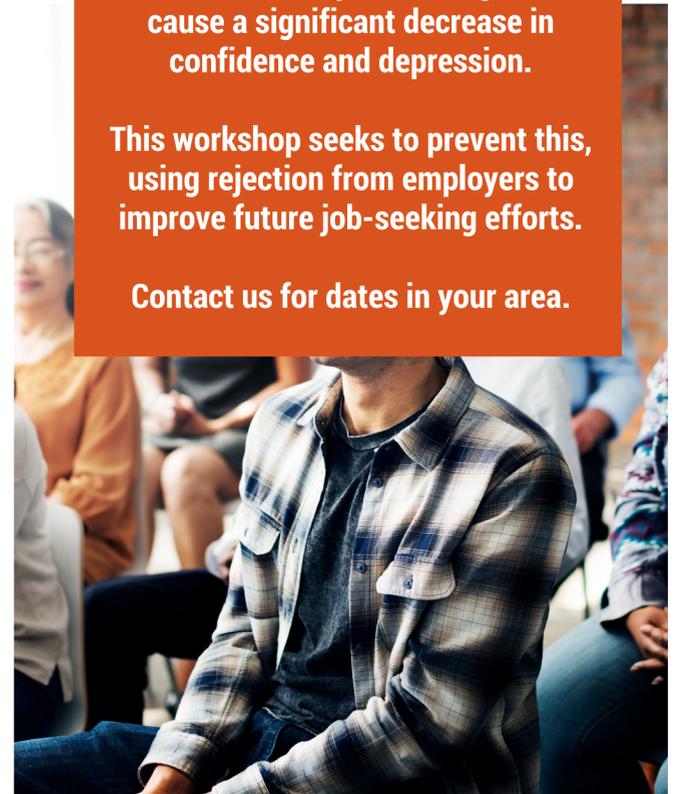
## Power of Positivity

Practical workshop based on cognitive psychology, examining how our mind works, the power of positive thoughts & their application to job-seeking.

Unsuccessful job-seeking can cause a significant decrease in confidence and depression.

This workshop seeks to prevent this, using rejection from employers to improve future job-seeking efforts.

Contact us for dates in your area.



01 826 2342

[www.bap.ie/training](http://www.bap.ie/training)

[bdoyle@bap.ie](mailto:bdoyle@bap.ie)

# Enterprise Supports

827

received enterprise supports in 2016

180

of our clients set up a new business in 2016

The majority were previously long-term unemployed or economically inactive

Construction was the most popular start-up sector, followed by other service activities

## Enterprise Information Sessions



If you are considering starting a business and are in receipt of a social welfare payment, you may be eligible to start a business and continue to receive all or part of your payment for up to two years.

These schemes are called the Back to Work Enterprise Allowance & Short Term Enterprise Allowance. To prepare people for applying for these schemes we run information sessions to go through what is involved in the application process.

## SYOB Courses

'Start Your Own Business' course provides participants with an overview as to what is involved with running a business.

The objective of the three day programme is to answer the major questions that most people have about starting a business.

We will cover everything from the financial aspects of starting a business, the business planning process and also show you how you can retain Social Welfare payments.



## Finance Clinics

Monthly Finance Clinic, where you can speak on a confidential 1-2-1 basis to our in-house accountant.

In a casual setting, you can discuss finance, tax, VAT, and bookkeeping.

To further help with the finance side of your business, we also have monthly courses on Bookkeeping, VAT and Taxation.

Due to the popularity of this clinic we advise people to book their place as soon as possible.



## Other Workshops Include:

- Sales & Marketing
- DIY Bookkeeping
- VAT & Taxation
- Pricing Strategy
- Women in Business
- SEO & Social Media



## Other Supports Include:

- Business Plan Advice
- Tax Registration Forms
- Grant & Loan Applications
- One-to-one Meetings
- BTWEA & STEA Approval
- Networking Opportunities

01 820 9550

[www.bap.ie/enterprise](http://www.bap.ie/enterprise)

[enterprise@bap.ie](mailto:enterprise@bap.ie)

# English Classes

## Fáilte Isteach

Fáilte Isteach involves local people who volunteer to facilitate conversational English with people who have come to live in Ireland from many different countries.

The aim of the programme is to provide basic language support in a practical and inclusive way.

If you would like to improve your conversational English, would like to register for classes or volunteer as a facilitator, call our office or email us at the address below.



## ESOL Classes

Beginner and Pre-Intermediate Level English courses, aiming to provide participants with the knowledge and skills to communicate at an introductory level in English, both socially and in work related tasks.

Providing the highest standard of training, these courses will allow each person to receive as much information as possible, which will assist participants on to vocational courses, training or employment. Courses available across Fingal. Contact us for dates in your area.



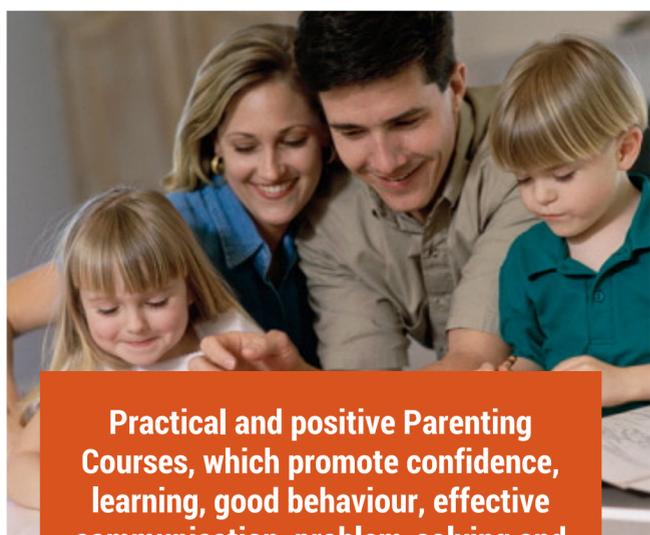
01 820 9550

[www.bap.ie/english](http://www.bap.ie/english)

01 802 0494

# Health & Parenting Courses

## Parenting Courses



Practical and positive Parenting Courses, which promote confidence, learning, good behaviour, effective communication, problem-solving and building positive relationships.

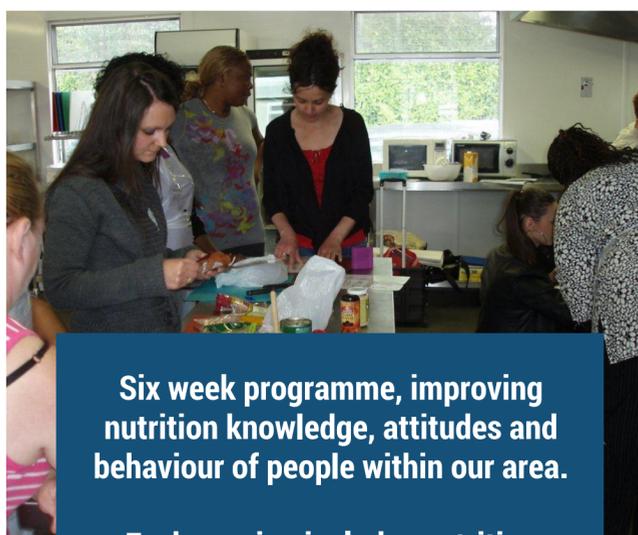
There are three courses to choose from, depending on age group & development stage of your children:

**The Early Years Programme**  
for parents of children aged 1 to 6

**The Children's Programme**  
for parents of children aged 6 to 11

**The Adolescent Programme**  
for parents of children aged 11 to 16

## HFME Classes



Six week programme, improving nutrition knowledge, attitudes and behaviour of people within our area.

Each session includes nutrition theory and a practical cookery element, with the emphasis throughout on group learning rather than formal teaching.

**Who is the course for?**

Anyone who wants to improve their health, save money and enjoy preparing and eating delicious food!

Courses take place all across Fingal. For dates in your local area, email us at the address provided below.

## We Can Quit Courses



We Can Quit is a free 12-week community-based programme for women tailored to the needs of women who want to quit smoking.

Programme includes sessions on:  
Women and health - Preparing to quit  
Nicotine replacement therapies  
Dealing with cravings & quitting tips  
Healthy eating & relaxation skills

Participants will also avail of:

**Support from Primary Care Team**  
Weekly group support sessions  
Weekly one-to-one support  
Telephone smoking cessation support  
Network of women who want to quit

[www.bap.ie/parenting](http://www.bap.ie/parenting)

01 820 9550

[www.bap.ie/health](http://www.bap.ie/health)

# Community News

## Rush Men's Shed Update



086 730 8020

The Rush Men's Shed is now well into its third year and meets at least once every week. A number of interests are catered for in the group.

The Rush Shed's local history group recently attended an illustrated talk given by another member, Kevin Thorp on the story of the "Tayleur" an emigrant ship bound for Australia, which sank off the cliffs of Lambay Island on 20/21 January 1854, with the loss of 300 lives.

Our Men's Shed Woodwork group has also been busy designing and building a float which will be entered in the Rush St. Patrick's Day Parade.

Its not all work and no play at the seaside these days. Some of the members who have had a pretty misspent youth spend more time playing on the pool table than hammering in nails.

Others just drop in to talk and exchange banter. Our most important rule is to value life and live it the way you want to. Intending members can contact the Secretary, Kevin Thorp for more info.

## North Dublin Regional Drugs Task Force

Last October (2016) the North Dublin Regional Drug & Alcohol Task Force in conjunction with some community representatives in Skerries organised a sleep out to raise funds for the fantastic Focus Ireland.

Representatives from Blanchardstown Area Partnership and a number of local businesses in Skerries also joined in, taking part in the sleep out in the lovely Floraville Community Garden in Skerries.

Despite cold and damp weather, it was a great night, with the local Skerries businesses really looking after the gang sleeping out.

Over €5,200 was raised for Focus Ireland to help in their work challenging homelessness and changing lives!

[info@ndublinrdtf.ie](mailto:info@ndublinrdtf.ie)

## Cairde Balbriggan Integration Forum

### ENGLISH LANGUAGE COURSES

St George's School, Cairde Building, Hampton Street, Balbriggan

FRIDAY BOOK CLUB - 3:00pm – 5:00pm - All Welcome

Balbriggan Integration Forum is a voluntary body established to develop positive intercultural relationships by respecting and sharing the richness, beauty, and potential of all people and their respective cultures. Our mission is to promote social, cultural, educational, and economic integration by addressing common needs through creative responses that will lead to improved access to services, support systems, and community facilities within the area.

Balbriggan Integration Forum provides English language programmes at the old St George's School in the Cairde Building on Hampton Street in Balbriggan.

There will be a morning and an afternoon programme offering Beginners and Intermediate classes in the morning and a Beginners class will also take place during the afternoon.

Beginners classes are held from 9am to 11am, Monday to Thursday  
Intermediate plus classes take place from 11 am to 1pm, also Monday to Thursday.  
Afternoon Beginners class take place from 2pm to 4pm over the same four day period.

01 802 0785

[cairdeenglish@gmail.com](mailto:cairdeenglish@gmail.com)

## MANUAL HANDLING TRAINING

**Thursday 27 April**  
9.30am - 12.00pm  
BEaT Centre, Balbriggan

**Friday 28 April**  
9.30am - 12.00pm  
Tyrrelstown Comm.Centre, D15

**Friday 28 April**  
9.30am - 12.00pm  
Huntstown Comm.Centre, D15

[www.bap.ie](http://www.bap.ie)

## HACCP TRAINING

**Tuesday 25 April**  
Applewood Comm.Centre, Swords

**Wednesday 26 April**  
BEaT Centre, Balbriggan

**Thursday 27 April**  
Corduff Resource Centre, D15

**Friday 28 April**  
Dillon House, Coolmine, D15

01 802 0494

## SAFE PASS TRAINING

**Monday 24 April**  
7.45am - 5.00pm  
Bracken Court Hotel

**Wednesday 26 April**  
7.45am - 5.00pm  
Crowne Plaza, Blanchardstown

to book a place on any of the courses, contact us via phone/email (below) or visit our website to book online

[info@bap.ie](mailto:info@bap.ie)

# New BAP Chief Executive

The Board of Blanchardstown Area Partnership has announced the appointment of Adeline O'Brien as Chief Executive. Adeline succeeds Terry McCabe who retired at the end of December after twenty years with the company. The Blanchardstown Area Partnership manages the Local Employment Service and the community work placement scheme TÚS in Blanchardstown as well as the Social Inclusion and Community Activation Programme for Fingal.



"We are honoured that someone of the calibre of Adeline O'Brien will lead the Partnership in the challenging years ahead. Adeline has worked in the sector for many years and brings a wealth of experience to the role."

**Kieran Dennison - Chairman - BAP Board**

"I am delighted to accept the role of Chief Executive with the Blanchardstown Area Partnership and look forward to continuing the excellent work which the Partnership staff are delivering through our programmes to the people of Fingal."

**Adeline O'Brien - New BAP Chief Executive**

## Balbriggan Office

For anybody living in North County Fingal and looking for some advice and/or support with training or getting back to work, we offer a wide range of services, workshops and courses to assist you. Contact our office at the number below to book an appointment.

### One-to-one Support

Confidential one-to-one support where our Employment Development Officer can help you to explore:

- Career and Education History
- Transferable skills
- Aptitude and Personality Values
- Developing a clear Career Plan
- Re-education and/or Upskilling

### Interview Preparation

We offer clients Mock Interviews to prepare for the real thing. Providing an understanding of different types of recruitment methods and interviews, and insight into what employers look for, a range of interview questions and tools to help clients market themselves.

### CV Assistance

Our staff can help you build a CV from scratch or improve and tailor your existing CV. If you would like help with your CV, contact us and we will send a starter planner.

### Job-seeking

Bookable sessions for clients registered with SICAP offering free facilities to work on your CV, research and apply for jobs.

- One-to-one support
- Tailoring CV & writing cover letter
- Accessing job advertisements
- Applying for job vacancies
- Completing job applications

## Office Location

**BEaT CENTRE  
STEPHENSTOWN  
INDUSTRIAL ESTATE  
BALBRIGGAN  
CO.DUBLIN**

**We also provide training in Swords  
RIASC CENTRE, FELTRIM ROAD  
SWORDS, CO.DUBLIN**

**01 802 0494**

**www.bap.ie**

**info@bap.ie**